



Karen Jefferson  
lamplighter  
NURTURING ~ GROWING ~ ACKNOWLEDGING



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## THE CHERISH Bereaved Parent's Support

### Groups:



A warm invite to all the bereaved parents of the Gold Coast & beyond, to share and connect with other grieving parents

monthly, in a safe, relaxed and non judgemental environment. Whether you have experienced the end of your Pregnancy by: Stillbirth, Interruption in Pregnancy due to Fetal Abnormalities, Miscarriage Ectopic. Higher Multiples Loss Neonatal and Sudden and Unexpected Death including SIDS and Fatal Sleeping Accidents:

*"We support by honouring the significance of our unique journey of grief, beyond the circumstances". - Karen J .*

### Monday Evening Support Dates:

Monday 28th October from 6pm

Monday 25th November from 6pm

Please note these gatherings are for Adults only and group starts at 7pm.



### OTHER 2019 EVENTS:

Tuesday 15 October

Pregnancy and Infant Loss/Wave of Light Service

Details to be advised



ALLAMBE  
MEMORIAL PARK  
CEMETERY & CREMATORIUM

Tears & Rainbows  
— Trust • Empowerment • Acknowledge • Respect • Support —

This group is for those **who are at the crossroads of a new pregnancy after loss, who are currently pregnant after loss and those who are parenting after loss.**

### Friday Morning Support Dates:

Sept 27th - 10.30am

Nov 29th - 10.30am

Please note at these gatherings Children are invited.

### New Support Service

<https://miscarriagesupport.org.au/>



"We have created a suite of Emotional Support Literature to support and nurture you as you navigate your miscarriage and fertility journey. They've been written by women who have also experienced what you're going through and who truly understand the rollercoaster of emotions you're feeling. Miscarriage and infertility may be individual journeys, but no woman should have to walk them alone."

### Conference Time

**AUSTRALASIAN PERINATAL LOSS CONFERENCE 2019**  
Across the Rainbow: Multidisciplinary Approaches to Perinatal and Infant Loss

**OCTOBER 24 - 26, 2019**  
MELBOURNE, VIC

Centre for Perinatal Psychology  
Australian Perinatal Loss